

MAYOR'S WELLNESS COMMITTEE,

in conjunction with Hackensack Meriden Health/JFK

presents...

SOUTH PLAINFIELD'S ANNUAL FAMILY HEALTH AND FITNESS FAIR

FREE HEALTH SCREENINGS AND EDUCATION...

- Ask the doctor...
- Cholesterol Screening
- Glucose Screening
- Blood Pressure Screening
- Dental Health Screenings
- Vision Screenings
- Dietary Counseling and Information/ BMI checks
- Dermatology
- Chiropractor
- Podiatrist
- Pharmaceutical
- Robert Fiancé Cosmetology
- Boxing 2 Bootcamp - Derrick Brown SP
- *Women's Self-Defense Demo*
- Beach Body Challenge Coach
- Total Care Physical Therapy
- NYX and HEMERA Day Spa
- The South Plainfield Environmental Commission
- TD Bank
- Free Child ID Kits sponsored by SP Police Department

SAVE THE DATE

Saturday
April 28, 2018

Health Fair: 9AM - 12PM

*South Plainfield
Library*

The Mayor's Wellness Committee

*Mayor Matthew Anesh, Debbie Boyle - Chairwoman, Stephanie Bartfalvi, Scott Carey, Alison Gibson, David Jaipersaud, Gary Prendergast, Joe Scrudato, and Nick Sottiriou.
Tree Olano- Mayor's Rep for Senior Center.*

Be Healthy.

Be Safe.

Be Well.



Contact Debbie Boyle 908.803.1573, Mayor Anesh at aneshsouthplainfieldnj.com or Nick Sottiriou at NJS44@comcast.net for additional information.



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